# support them





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Car Insurance Deduction for Disabled People

Car Lifts for Scooters

Computer resources

**Custom Made Orthopaedic Shoe-Makers** 

Disability Law & here

**Disability Pension info** 

Disabled People and the Arts

**Disability Tax Benefits** 

Disaster Preparedness for the Disabled

Disaster Preparedness for People With Disabilities -

(Printable Page) - helpful to also give to those you live with or your emergency contact/s

Education

**Employment Resources** 

**Equipment for Disabled People** 

+ Fuel Tax Deduction for Disabled People in BC

**Grocery Delivery Services** 

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Recreation & Travel

Related Resources

+ Resources for People with Rheumatoid Arthritis

+ Resources for People With Mental & Learning

Disabilities

Resources for the Housebound

Resources re the Hearing Impaired/Deaf

Resources re the Visually Impaired/Blind
+ Special Clothing for People With Specific Needs - ie.

shoes for deformed feet, etc.

Safety Form to Fill Out for those who live with you,

etc. - Disaster Preparedness for People With

Disabilities

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Travel

Voice Activation programs for computers

A Tentative Plan of Action and Resources For Disabled People and Their Care-Givers to Utilize -Still to come...

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#### ADVOCACY and/or RESOURCE ORGANIZATIONS

**BC Coalition of People with Disabilities** 

\*\*\* Canada Pension Plan Disability Benefits Advocacy Program and HERE

Christian Life Assembly - Langley, BC - has an advocacy group that may have contacts and resources re disabled people **Canadian Government publications** 

**Council of Canadians with Disabilities** 

**Economic Rights Advocacy for People With Disabilities - BC** 

Government of Canada - Persons with Disabilities

**Legal Representation** 

#### CDN Govt Office for Disability Issues Planned Lifetime Advocacy Network

The Disability Network - The Disability Network exists to enable co-operation among Evangelical Alliance member organisations directly involved in the field of disability, so as to effect change in both the Church and society.

Surrey Association of Community Living

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#### **ARTICLES**

Accommodating and Employing People with Disabilities

ArcLink articles

**Disability Etiquette Tips** 

**Disability Topics** 

**Emergency Preparedness** 

**Famous People With Disabilities** 

**How Accessible is Your Church?** 

How Welcoming is Your Congregation?

Let Them Hear: Getting Your Church Looped

**Ministry to the Deaf** 

Ministry to the Blind

Strategic Network articles re great commission and disabilities and HERE

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ASSESSMENTS re Suitable Housing, Disability Penions/Assistance, etc.

Fraser Health Authority

300 - 10334 - 152A St., Surrey, BC, V3R 7P8

604-587-4600

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#### **BATTERY CHARGERS**

Battery Chargers http://www.1800wheelchair.com/asp/view-category-subcats.asp?category\_id=370

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#### **BATHROOM EQUIPMENT**

#### Commodes

MEDIchair Surrey Unit 1003 - 7495 - 132 St, Surrey BC V3W 1J8 phone: (604) 572-9620 or fax: (604) 572-4929 surrey@medichair.ca

**Raised Toilet Seats** 

Toilevator - riser under the toilet brings it up to the height of an official toilet for handicapped people

#### PREMIER BATHTUBS

#### CONTENTS

#### CAR INSURANCE DEDUCTION FOR DISABLED PEOPLE

or disabled people living in British Columbia, there is a deduction available through ICBC. Talk to your local ICBC agent to find out more about this and to request your application form for that.

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#### CAN LIP TO PUN DUUTIUM

Scooter City Ltd. - Vancouver Area 65 B Clipper Street, Coquitlam BC, Canada V3K 6X2 Telephone: 604-540-6373 Toll Free: 1-877-508-3322

Fax: 604-540-6393 Email: info@scootercity.ca

Sidewinder Conversions - Chilliwack, BC

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#### **COMPUTER RESOURCES**

#### COMPUTER MOUSE FOR PEOPLE WITH ARTHRITIS, etc.

See this website <a href="http://www.contourdesign.com/pmo/index.htm">http://www.contourdesign.com/pmo/index.htm</a> for a specially designed mouse that keeps your hand flat nd is suited to folk with arthritis. This is not a cheap one but it might be the most comfortable mouse for you. a Canadian retailer has this Perfit Optical Mouse at <a href="http://www.ergocanada.com/cgi-bin/store/commerce.cgi?product=Mouse">http://www.ergocanada.com/cgi-bin/store/commerce.cgi?product=Mouse</a>. Contoured&cart id=1568080.5240 These websites also show a mouse that can be controlled by the palm, not by the finger.

#### CONTENTS

#### CUSTOM MADE ORTHOPAEDIC SHOE MAKER

It's called: LOBEL & SON ORTHOPAEDIC - 418 W Columbia Street (other side of Pattulla Bridge from RC Hospital), New Westminster, BC (604) 522-8210. V3L 1B1 - Canada - hand made shoes, excellent job, fantastic service!! I'm a personal customer (info@DiscipleTheNations.org)

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#### **DISABILITY PENSION INFO**

Canada Pension Plan Disability Benefits

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#### **DISABLED TAX BENEFITS**

ccording to Proactive Tax Consulting: "Many disabled taxpayers are not claiming tax credits that are available to them. The attendant care expense is an expense that a disabled taxpayer can deduct from earned income. These reflect amounts paid to an attendant on the taxpayer's behalf allowing the tax payer to work.

isabled taxpaers may be eligible for an additional personal tax credit of \$4,293 if they have a severe and prolonger mental or physical impairment. This credit is little known and little used.

Both of these tax benefits are avilable when the taxpayer gets a form T2201 signed by an attending physician. This form declares that you have and are markedly restricted in your activities of daily living by your disability."

Disability Tax Credit Certificate - form to download

People With Disabilities - Canada Tax Info

Attendant Care Expenses

Canadian Tax Tips and HERE

Persons With Disabilities

(Canadian)

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**EDUCATION** 

### <u>Disability Ministry Curriculum/Training materials</u> <u>Education</u> <u>resources</u>

Student Loans for Students with Disabilities

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#### EMPLOYMENT RESOURCES

<u>Canadian Government - employment brochures</u> <u>Employment resources</u>

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Disability World
Products
Resources - ie, stairlifts, etc.
Special Keyboards
Wheels for the World
Resources

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Disability Assistance and Trusts

Disability Tax Credit

Earnings Exemption Change for People on Disability Benefits - BC

Financial Aid for Students with Disabilities

Grants & Funding Information

Opportunities Fund for Persons with Disabilities

Canadian Taxes - check search engine for specifics for people with disabilities

Ten Income Tax Tips for People With Disabilities and Their Families

Home Adaptation for Seniors (HASI)

ONTARIO MARCH OF DIMES - Home & Vehicle Modification Program

Directory for Accessibility

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#### <u>FREE MEDICAL ALERT WALLET ID</u>

#### From:Medids.com

They have a free medical and emergency wallet card that you can complete online with both medical and emergency contact formation, then you just print it and fold it in two and get it laminated. You keep it with your driver's licence. I put everything on my card, including details of who to contact about the dogs, funeral wishes, etc.

It is good because, if you were in an accident, they have your doctor's name and all drug details right there in your wallet. They always check your purse for i.d./driver's licence first, but it could take them hours or days to get your medical records.

You can create, print out, and laminate and go back to the website and up date as often as needed.

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#### FUEL TAX DEDUCTION FOR DISABLED PEOPLE IN BC

<u>Application for Refund of Fuel Tax - BC</u>
Fuel Tax Refund Program for disabled people in BC

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#### GNOCENT DEELYENT SERVICES

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#### HANDICAPPED PARKING OPTION IN BC

PARC - The <u>Social Planning and Research Council</u> of British Columbia (SPARC BC) works with communities in building a just and healthy society for all.

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#### HOME CARE FOR DISABLED PEOPLE

<u>Caregivers and help for caregivers</u> <u>Help for Caregivers</u>

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#### HOUSING OPTIONS FOR DISABLED PEOPLE

Accommodation Search Systems
Applying for Affordable Housing in BC
Assisted Housing

#### **Assisted living housing in Surrey**

http://members.shaw.ca/bcseniors/senior\_housing.html http://members.shaw.ca/bcseniors/housing.html

**Tenant Assistance Program (No link available)** 

Housing and Properties Department 100-515 W. 10th Vancouver, BC V5Z 4A8. 604-873-7109/7488

Provides information and referral on housing and related services and legal information on tenant/landlord rights and esponsibilities to Vancouver tenants. Also offers limited relocation assistance to senior citizens and people with disabilities who are unable to search for housing on their own

BC Housing Society
Canada Mortgage and Housing Corporation
Care Facilities and resources
Disability housing in Surrey
Fraser Health
Housing Applicants

Housing and Supports for People With Disabilities

How to Apply - who's eligible, how are people chosen, etc.

How to Apply For Affordable Housing in BC

Independent Living BC (ILBC) - A housing for health partnership designed to meet the needs of seniors and people with disabilities who require some personal assistance, but who do not need 24-hour facility care. By 2006/07, 3,500 units will have been created under the ILBC program...Seniors with lower incomes and people with disabilities are able to rent the BC units for 70 per cent of their after-tax income. This covers their accommodation, meals, personal care and hospitality services, such as housekeeping, laundry, recreational opportunities and 24-hour response system. BC Housing provides using subsidies to those who qualify for the Independent Living BC program and the health authorities fund the personal care services.

More about ILBC and BC Housing's Role in the Program

Rent Supplements

Residential Care Facilities

SAFER - Shelter Aid For Elderly Renters

Spectrum Society for Community Living

<u>Subsidized Housing Units</u> - Both the federal and provincial governments provide funding for subsidized housing. This includes all types of housing in which the provincial government provides some type of subsidy or rent assistance.

Tenant Handbook

rovides current tenants with a better understanding of the approach and policies that BC Housing follows in an attempt to

## and a section on your rights Understanding Wait-Lists

#### CONTENTS

#### IN-HOME CARE WORKERS

sk your doctor to send in a requisition for you for in-home care workers. If you qualify, this is a gov't-funded service. You can get someone to come assist you in your home for about an hour per day.

They can assist you with such things as putting together and serving you your meals, doing dishes for you, sweeping the loor, cleaning the bathroom, giving back rubs, helping with bathing and other personal care, putting lotion on you, help with your pills, opening jars and cans, some light cleaning, taking out the garbage, etc.

They cannot cut your nails or administer prescriptions or prescription creams, etc.

<u>Comcare</u> has a contract with the local Health Unit - which is covered by the gov't. However, for long term care, it is not covered, and for extra services you can contact them and hire them to do that for you.

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#### LEARNING DISABILITIES

**Learning Disabilities Association of Canada** 

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#### **MAGAZINES**

<u>Transition Magazine</u> - Transition was started in 1977 as a voice for people with disabilities in British Columbia, Canada.

Originally sponsored by the BC Coalition of People with Disabilities, it is now published eight times per year by the

Transition Publication Society. - online version / back issues

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#### **MEAL PREPARATION**

#### **Prepared Meals**

Better Meals - Lower Mainland

Better Meals - ready made meals for a good price.

You need freezer space for this service as they deliver the meals already frozen as you order what you want in advance

Ph# 604-299-1877 Kitchener Street, Burnaby B.C.

FitFood Enterprises Ltd. (No link available) 1505 Salsbury, Vancouver 604-736-5615 Daily delivery of meals to your home.

Gold Card Catering (No link available) #120 - 12651 - 80th Avenue, Surrey, BC V3W 3A6. 604-594-5520 Homestyle cooked meals for seniors delivered to your door, frozen, ready to heat and eat.

Gourmet Meal Service 811 Royal Ave, New Westminster, B.C. 604-520-1904 Home cooked meals delivered to your door.

Meals-on-Wheels (no link available)

- Burnaby 604-299-5778
  - Delta 604-946-9526
- Langley 604-533-1679

#### • Port Coquitlam - 604-942-7506

Surrey/North Delta - 604-588-6325 - <u>you can sign up here</u> - here is a <u>menu listing</u> of warm meals and sandwhiches - you can also get menus specifically for diabetics and for people with allergies

The meals at Meals on Wheels are different every day for six weeks.

You can order a hot meal and a sandwich each day.

On Thursdays and Fridays you can double the order so that you have meals for Saturday and Sunday.

They are delivered between 11 and 1 each day.

You have to tell them if there is something you cannot eat or if you are diabetic and give them an emergency phone number.

The worker brings an invoice at the end of the month. You write a check to pay for it and give it to them next time they come.

You could get started right away. They only need to be told the day before.

604-588-6325

• Vancouver/Richmond - 604-732-7638

Meals on Wheels (VON BC) 1525 West 7th Avenue, Vancouver, BC V6J 1S1. 604-732-7638. Delivers 550 hot noon meals each weekday to the homebound elderly and people with chronic or acute illness throughout the Vancouver/Richmond area.

PalTrac Management 1-604-814-2656 (Abbotsford/Mission) Provides home-cooked lunches delivered to your door, and offers a grocery shopping/delivery service. PalTrac can also match up individuals with a companion who has similar interests with their Pals for Seniors program.

Sandy's Home-style Baking Company

04-980-8183. Committed to bringing hearty, traditional foods back into people's homes... just like Grandma used to make.

We have a free delivery service for those in the North Vancouver / Downtown Vancouver area.

Savoury City 2832 Windsor St. Vancouver, BC V5T 4A3. 604-329-9231.

Delivers individually wrapped and frozen entrees, sides, and desserts to your door. Items come in oven-ready containers, complete with a list of ingredients, date prepared, weight and heating instructions. Serving the Greater Vancouver area.

The Specialty Gourmet 3-240, 555 Brooksbank Ave., North Vancouver, BC, V7J 3S5. 604-983-8511.
resh food delivery for specialty diets including The Healthy Living Diet, Zone Gourmet Diet, and The Atkins Diet. Serving ancouver, West Vancouver, North Vancouver, Burnaby, New West, Richmond, Delta, Tsawwassen, Surrey, White Rock, Coquitlam, Port Coquitlam, Port Moody, Anmore, Belcarra.

Travelling Gourmet Seniors Meals 1256-235 Keith Rd, West Vancouver BC, V7T 1L5. 604-921-1604. ow offering a specially priced Seniors Package, Travelling Gourmet prepares delicious, healthy meals customized to your astes and nutritional requirements. Shopping, cooking, packaging and cleanup are included in this service. On your pre-rranged cooking day, 5 entrées (five different entrées of four servings each) are prepared in your own kitchen, packaged to 20 single servings, labelled, then placed in your refrigerator and freezer. Complete instructions for heating and serving structions are included. This one day service consists of preparing 20 single servings; one months worth of gourmet meals for a single person. Serving the Greater Vancouver area.

Urbanmeals.com (No link available) 604-733-3001

hree meals and two healthy snacks delivered daily to your home or office by 9:00 am. You can try our service once, or use it 5 days a week.

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MEDICAL ASSISTANCE FOR HANDICAPPED PEOPLE

Medical resources
Medical Care
Pharma Watch

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#### MINISTRIES TO THE DISABLED

Christian Council on Persons With Disabilities

Christians with Disabilities

Compassionate Health Care Network

Disability Concerns

Joni & Friends

RCA Committee on Disabilities

United Methodist Deaf Ministries

United Methodist Task Force on Developmental Disabilities

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#### **MISC**

Community Services
Continuing Care
Gift Ideas
Things to Know
Visiting

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#### MUSIC CREATED FOR DOWNES SYNDROME PEOPLE

IARPEGGIO - this beautiful-sounding harp, which is similar to an auto-harp but is played like a harp instead of pressing down buttons and strumming like an auto-harp, was designed for the inventor's Downes Syndrome child. The musical otation was also created especially for this child, and is so easy to follow that anyone can 'learn' to play the Harpeggio the FIRST TIME THEY TRY! Anyone that enjoys beautiful music but doesn't have time to spend years learning an instrument can make beautiful music in a very short time with the Harpeggio!

http://www.joystrings.com - Surrey, BC, Canada Business +1 604 812 2428 / joystrings@shaw.ca

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#### **OUTDOOR ACCESSIBILITY**

HANDICACHING - Geocaching for Handicapped People - More about Geocaching for disabled nature-lovers

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#### PERSONAL MEDICAL ALARM SYSTEMS

LIFELINE

Lifecallhttp://www.safetvandsecuritycenter.com/sencarsaf.html

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PILLS - keeping them organized

Blisterpacks / bubble packs?

Two options - carried by many pharmacists

1) Blisterpacks - filled as a free weekly service by your pharmacist - you sign a consent form. This packet has various bubblepack slots for various times of every day of the week. You just pop out your pills as needed.

Some similar products: <a href="http://www.forgettingthepill.com/organizers.html">http://www.forgettingthepill.com/organizers.html</a>

#### **POOL LIFTS**

If you're considering a pool lift/ramp - including portable ones, for your pool, and especially if you're considering it for a ublic place like a seniors home or home for disabled people, here are some notes which you may find helpful which were recently put together as a pool lift proposal for a condo. Pool Lift Proposal

Similar is the Power EZPool Lift - for 400 lbs - includes remote control and power lift instead of manual - good price

#### **RAMPS for Wheelchairs/Scooters**

#### **RECREATION & TRAVEL**

#### RELATED RESOURCES

**EnableLink** - linking people with disabilities to a world of resources

FREE SOFTWARE for the disabled

Resource Links and HERE

Untangling the Web - your complete listing of disability resources on the web

### **BCCPD Application Guides**

BCCPD Help Sheets on Disability Benefits - files updated June 2004

he BCCPD has prepared a series of Help Sheets on disability benefits under the Employment and Assistance Legislation. ou can view these sheets online and/or download and print them. We thank the Legal Services Society of BC, The United Way of the Lower Mainland and the Health Sciences Association of BC for funding the Help Sheet series.

**BCCPD Appeal Guides - December 2003** 

Guides on appealing the denial of disability benefits and health supplements.

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#### RESOURCES FOR PEOPLE WITH RHEUMATOID ARTHRITIS

FREE SOFTWARE for the disabled Resources for Orthopedia Disabilities

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#### RESOURCES FOR PEOPLE WITH LEARNING & MENTAL DISABILITIES

**Resources and Here** 

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#### RESOURCES FOR THE HEARING IMPARIED / DEAF

FREE SOFTWARE for the disabled
Let Them Hear: Getting Your Church Looped
Signs of Solidarity: New Book on the Hearing Accessible Church
Resources
United Methodist Deaf Ministries

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### RESOURCES RE THE VISUALLY IMPAIRED / BLIND

FREE SOFTWARE for the disabled Resources

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#### SPECIAL CLOTHING FOR PEOPLE WITH SPECIAL NEEDS

Custom Made Orthopaedic Shoe Maker
Planet Amber
Home Adaptation for Seniors (HASI)
ONTARIO MARCH OF DIMES - Home & Vehicle Modification Program
Directory for Accessibility
Silverts

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#### **TRANSPORTATION**

<u>Handi-Dart</u> - Surrey, BC Transportation resources in Greater Vancouver

Wheelchair and Scooter access to buses, SkyTrain, SeaBus - Greater Vancouver

**MOTORIZED SCOOTERS - see Passport Pacesavers** 

- door stopper idea -

MEDIchair Surrey Unit 1003 - 7495 - 132 St, Surrey BC V3W 1J8

Scooter City Ltd. - Vancouver Area

65 B Clipper Street, Coquitlam BC, Canada V3K 6X2

Telephone: 604-540-6373 Toll Free: 1-877-508-3322 Fax: 604-540-6393 Email: info@scootercity.ca

Taxi Saver Program - TaxiSavers (No link available)

axiSavers is a program for residents of the GVTA region that have a permanent physical or cognitive disability. For more information about TaxiSavers contact the handyDART operator in your area. 604-540-3400

HandyPass now called HandyCard HandyCard

TransLink: 1600-4720 Kingsway Burnaby, BC V5H 4N2 604-453-4634 Fax: 604-453-4628

program for residents of the GVTA Transportation Service Region who have a HandyCard (a photo identity card issued y TransLink). A person is eligible for HandyCard if he or she has a permanent physical or mental disability that prevents to use of regular public transit without assistance. A book of Taxi Saver coupons with a total face value of \$40 will be sold a HandyCard holder for \$20; two books of Taxi Savers may be purchased each month. Call the above number to obtain a HandyCard application. Customers may call the participating taxi company of their choice and book service directly.

Wheels for the World

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**TRAVEL** 

### **DISABILITIES** travelling disabled

\_\_\_\_\_

Access-Able Travel Sources
Disability Traveller
Disability Travel and Recreation Resources
DisabilityWorld Directory
Global Access Disabled Travel Network is the ultimate information
Medical Travel The Disability Travel Experts
WORLD TRAVEL GUIDE the disabled traveller

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#### **VOICE ACTIVATION PROGRAMS FOR COMPUTERS**

VOICE ACTIVATION program for MAC <a href="http://www.macspeech.com/">http://www.macspeech.com/</a>

iListen

ViaVoice for PCs

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